



Gjesdal kommune has lots of different sports teams, clubs & activities.

We want every young person to take part in at least one of them!



Activites Advice:  
help finding a  
sport or activity



## Taking part is important for us all

It's important that everyone in society has the chance to take part! Every child and young person should be able to take part in activities suitable for their age, in their free time. Taking part in play and other activities gives children and young people a sense of belonging and achievement.



## Help finding an activity

Gjesdal kommune's Activities Advisor offers children and young people (6 - 17 years old)



help in finding an activity that is right for them.

The service is free. It is also possible to apply for support to cover membership fees and other costs associated with the activity.

Get in touch with our Activities Advisor if you have any questions or to make an appointment for an advice session.



## Our Activities Advisor can help you...

- get in touch with different organisations and sports clubs
- help find different activities
- find the right activity for you with others of the same age
- apply for support for any membership fees or other costs.

Call or send an email to:

## Marianne Norland Stangeland

Marianne is a qualified Occupational Therapist with a Masters in Health Sciences. She believes everyone should have the opportunity to do something that they enjoy in their free time. In her own free time, she is active in different sports and Scouts. Marianne is based in the "Veveriet".



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